

Theme: ABC's & 123's (4 & 5 Year Old's)

Area of Focus	Week 1	Week 2	Week 3	Week 4
Music & Movement (expression & songs to improve memory, coordination, and rhythm)	Practice letter sign language A through Z to ABC song	Dance and twirl to classical music using ribbon rings	Dance and sing to Phonics Alphabet Song by Toddler Tunes	Repeat a rhythmical pattern while singing the ABC song
Language (communication about the alphabet & numbers through stories/books)	Read "Chicka Chicka Boom Boom: a, b, c" Count to 40 in English and to 10 in Spanish using abacus	Read "Goodnight Numbers" Count to 40 in English and to 10 in Spanish using abacus	Read "On the Launch Pad" Count to 40 in English and to 10 in Spanish using abacus	Read Dr. Suess's ABC book Count to 40 in English and to 10 in Spanish using abacus
Gross Motor (indoor/outdoor time using large muscle movements)	Roll and count numbers on giant dice	Alphabet bean bag toss to increase letter recognition	Stack boxes and count how high they go (count backward)	Flashlight 'Alphabet Hunt' around the house (iSpy)
Fine Motor (focus on developing muscle control in the hands and hand-eye coordination)	Use fingers to write letters & numbers in whip cream 4/5-year-old: Practice writing first name and numbers 1-20	Use markers to trace letters in workbook 4/5-year-old: Practice writing first name and numbers 1-20	Q-Tip letter trace and paint 4/5-year-old: Practice writing first name and numbers 1-20	Match it – Spelling Puzzle 4/5-year-old: Practice writing first name and numbers 1-20
Media/Video (programs that connect media to real world learning)	Netflix Little Baby Bum Numbers Episode	<u>Preschool Prep</u> Alphabet DVD	You Tube Cocomelon's Dinosaur Counting Episode	Peppa Pig Learn Alphabets with Peppa Pig Episode

