

Red Heart, Green Square, Yellow Triangle, and Blue Circle

Area of Focus	Week 1	Week 2	Week 3	Week 4
Music & Movement (expression, movement & songs about shapes)	"Shapes Yoga" Downward Dog = Triangle Butterfly Pose = Heart Table Top Pose = Square Child's Pose = Circle	Sing and move to "Twinkle Twinkle Little <i>Heart</i> "	Dance w/Musical Instruments (Circle: Tambourine)	Dance Like This! (Slow, Fast, Silly, Shake, Tap etc.)
Language (stories/books/flash cards about shapes)	Read Sesame Street Shapes Review shape flashcards	Read "Paris: A Book of Shapes" Review shape flashcards	Read "Nom Nom Shapes" Review shape flashcards	Read/ review all 3 books from previous weeks Review shape flashcards
Gross Motor (indoor/outdoor play interacting with shapes)	Indoor Hopscotch w/Squares	Jump on a small Circle/Trampoline *adult supervision	Indoor Flash Light Shape Hunt	"Follow the Leader" shape walk
Fine Motor (holding small items to write and do art)	Smart Baby Shapes Game – iPad w/stylus	Color and trace red "I Love You" Hearts	Construction Paper Traffic Signs	Shapes/Color matching game
Media/Video (programs that discuss shapes)	Busy Beavers – Shapes chant	Baby Einstein Shapes DVD	Little Baby Bum – shapes and color episode	Preschool Prep Shapes DVD